

Home Support & Companionship

We recognise that a little bit of help and companionship can go a long way towards helping older people remain independent for longer.

Our Home Support service has evolved to offer a wide menu of options that can be tailored to the needs of each person we visit. The versatility of this service not only improves independence, but provides emotional benefits too, such as reducing anxiety and feeling part of the community again. **Valerie explains,** *“we get the benefit of a bright and bubbly visitor, a clean house and listening ear, nothing is ever too much trouble”*

What do we offer

Home Support includes a range of support options, including;

- Help with your shopping
- Domestic cleaning
- Assisting with laundry
- Companionship services
- Meal preparation
- Kitchen and bathroom cleaning
- Connections to you to your community
- Help with your garden



Is it for me?

Our Home Support Service is reliable, friendly and engaging. We aim to provide you and your loved ones with peace of mind and confidence to live well in later life. All of our team are passionate about providing friendly assistance that is personal to you, and they complete regular training to ensure we offer the best service possible.

If you would like extra support, whether this is 1 hour per month or 1 hour per week, we can find the right low cost solution for you.



Talk to us

Our Helpline Service has been developed as an effective way to signpost and help you select and connect, with confidence, to all the opportunities and information in your area.

You can talk to us Monday to Friday 0900-1700. Whether calling for yourself, for a family member or loved one, we are hear to listen and lend a helping hand.

To book our Home Support service please call our Helpline on

01872 266383